



Sacred Heart School Mission Statement

In union with the Universal Catholic Church to teach as Jesus did those truths enabling the academic, spiritual, physical and social growth of all within our School Community.

School Website: www.shslburg.com

February 13, 2018



LENT BEGINS on Wednesday, February 14, 2018

Ash Wednesday and Good Friday are always days of Fasting & Abstinence! In fasting, we eat only one full meal per day; the other two meals should be light meals which would equal a full meal when added together. The Church requires its members to fast if they have completed their 18th year & until they reach the age of 60. Ordinary liquids do not break the fast, but we should not eat between meals. On Fridays of Lent we abstain. To abstain, we do not eat meat or poultry. Fish, eggs, cheese, and dairy products may all be eaten. Also, although meat may not be eaten, foods prepared with meat broth are acceptable. Abstinence applies to all those who have completed their 14th year and continues throughout life. Those who have health issues should discuss fasting and abstinence with their priest and their doctor. All Catholics who have made their first Communion, as a bare-minimum requirement, are required to receive the Eucharist during the Easter season, which lasts until Pentecost. The Eucharist should be preceded by the Sacrament of Penance. In addition to fasting and abstinence, Catholics are encouraged to perform acts of penance and to give alms.

Please Notice This



Early Notices

Feb. 14-Ash Wednesday

No School for students-Feb. 16-Professional Development Day for Teachers

No School-Feb. 19-President's Day

Swamp Johns: March 9, 2018

No School-March 19-23-Spring Break

Early Dismissal-March 29 at 11:00 a.m. Holy Thursday

No School-March 30-Good Friday

No School-April 2-Easter Monday

April 8-Confirmation-2:00 p.m. at Sacred Heart Church-Lawrenceburg

No School-April 9-Parent/Teacher Conferences for Teachers

April 15-1st Communion-10:30 a.m.

April 21-Sport's Banquet

Early Dismissal-May 25, dismiss at 11:00 a.m.

No School-May 28-Memorial Day

No school for students-May 29-Administration Day for Teachers



Home & School Association Meeting
Monday, Mar. 5, 2018
6:30 p.m. in the school Cafeteria

Midterm

Ends February 15, 2018

Midterms are sent home February 21, 2018

Soccer Games



March 3-Spring Jamboree in Loretto

March 6-AWAY at South Lawrence -4:40 p.m.

March 13-AWAY at Leoma-4:30 p.m.

March 20-HOME with Culleoka-6:00 p.m.

March 26-HOME with Leoma-5:30 p.m.

April 5-HOME with Loretto SH-6:00 p.m.

April 9-AWAY at Loretto SH-4:30 p.m.

April 12-HOME with South Lawrence-6:00 p.m.

A Lenten Prayer

Lord,

Teach me a new freedom.

Freedom to reject comparison

And to embrace uniqueness.

Freedom to cut ties with greed

And feast on love.

Freedom to abstain from over indulgence

And feast on self-control.

Freedom to leave behind selfish thoughts

And to focus on the needs of others.

Freedom to fend off insecurity

And to embrace grace.

Lord, at this time of Lent,

Thank you for the freedom you bring.

Amen.